

## BENERD COLLEGE DIABETES ESSENTIALS FOR NON-CLINICIANS: INTRO TO DIABETES BASICS CURRICULUM

TOPIC	LECTURE TIME	SPEAKER
<b>Diabetes Paraprofessional Role Basics, Advocacy &amp; Communication</b>		
Intro	5:51	Theresa Garnero, APRN, BC-ADM, MSN, CDCES
The Role of the Paraprofessional in Preventing and Managing Diabetes	21:30	Theresa Garnero, APRN, BC-ADM, MSN, CDCES
American Diabetes Association - A Critical Connection Point for Advocacy and Ongoing Support	34:26	Tracey Brown, ADA CEO
The Emotional Impact of Diabetes: From Diagnosis and Onward	22:29	Susan Guzman, PhD
The Language of Diabetes: A Standard of Care	22:34	Maureen McGrath, MS, PNP-BC, BC-ADM
Diabetes	9:38	Dr. Ben Morrison
The 8 Skills To Becoming An Extraordinary Diabetes Care Professional	26:42	Beverly Thomassian, RN, MPH, CDCES, BC-ADM
<b>Diabetes and Prediabetes Basics</b>		
How Did We Get Here? The Story Of The Diabetes Epidemic... And What We Can Do About It	32:00	Dr. Flojaune Cofer
The Classification, Terminology & Diagnostic Criteria for Diabetes	30:09	Beverly Thomassian, RN, MPH, CDCES, BC-ADM
Preventing Diabetes	32:55	David M. Nathan, MD, DPPOS Chair
A1C, Blood Pressure & Cholesterol	13:32	Theresa Garnero, APRN, BC-ADM, MSN, CDCES
Numbers Target Practice: The Trifecta You Want to Reach to Promote Outcomes (Glucose/A1C, BP, Lipids)	26:48	Dr. Anne Peters
Hyperglycemia During Hospitalization	11:42	Guillermo Umpierrez, MD, CDE
<b>Cardiometabolic Concerns &amp; Obesity Care</b>		
Home Blood Pressure Monitoring	8:57	Vida L. Reed, RN, CDE
Avoiding Future Macrovascular Complications: Heart & Vessel Disease	27:16	Beverly Thomassian, RN, MPH, CDCES, BC-ADM
Benefits of a Weight-Inclusive Approach in Diabetes Management	29:47	Erin Phillips, MPH, RDN, CDE
The Patient Journey in Obesity Management in 5 Steps	16:54	Dr. Sean Wharton
Clinical Aspects Of Long Term Remission Of Type 2 Diabetes	37:17	Dr. Roy Taylor

## Other Diabetes-Related Conditions & Associated Possible Complications

Hypoglycemia: The Significant Short- and Long-Term Effects

28:44 Dr. Anne Peters

YouTube video:

Low Blood Sugar and What to Do! Rule of 15

5:57 <https://www.youtube.com/watch?v=X4hxiOXvMGc>

Diabetic Ketoacidosis (DKA)

21:16 Srinath Sanda, M.D

Lower Extremity Assessment & Interventions

29:40 Beverly Thomassian, RN, MPH, CDCES, BC-ADM

Within Sight: Knowing Eye-Related Issues Related to Diabetes, Their Prevention & Treatment

30:46 Charles C Wykoff, MD, PhD

Identification of Diabetes-related Chronic Kidney Disease (CKD) in Clinical Practice  
Type 2 Diabetes And Nonalcoholic Fatty Liver Disease (NAFLD): Risk Factors & Complications

29:24 Susanne B. Nicholas, MD, MPH, PhD

31:46 Kenneth Cusi, MD

**8.5 hours of videos**

add 1.5 hour of assignments

makes 10-hour course