



UNIVERSITY OF THE
PACIFIC

Fall 2020

OLLI at Pacific

Learning adventures designed
for adults 50 or older





“

When we least expect it, life sets us a challenge to test our courage and willingness to change; at such a moment, there is no point in pretending that nothing has happened or in saying that we are not yet ready. The challenge will not wait. Life does not look back.”

Paulo Coelho
AUTHOR, *THE ALCHEMIST*

Dear OLLI members, affiliates and community,

What an extraordinary time we are living through. I believe that OLLI at Pacific and all of our wonderful instructors rose up to meet the challenge of the COVID-19 pandemic. And I am extremely proud of all the OLLI members who braved this new world of distance learning with us.

Once we realized how serious the COVID-19 pandemic had become and the decision had been made to postpone our spring semester, I asked Joanna, "What can we do to best help our members?" After some discussion, we knew that we would serve our community best by finding a way to continue to provide educational opportunities.

I am happy to say that we were able to continue our weekly lecture series through the end of June. We also continued to provide 14 different classes and courses online with Zoom, including all of our art classes, health and wellness classes and much more. I feel fortunate that we live in a time that we have this technology available.

That being said, we are approaching the fall semester with cautious optimism. Our popular OLLI lecture series will be offered via Zoom on Mondays 3:30–5 p.m. with BONUS lectures on select Thursdays. We continue to follow university guidelines and are making plans to offer "HyFlex" programming this fall. "HyFlex" programming will mean that a class will have limited in-person seating due to social distancing along with remote learning. The instructor will be live on Zoom at the same time they are providing instruction in class. It gives you the option to choose. However, if we are required to adapt to another "shelter-in-place" scenario, we are fully prepared to completely shift to distance learning, if necessary.

Some members have mentioned that they may not be ready to meet in person or attend classes in the fall as they continue to take precautions against the COVID-19 virus. They asked how they could continue to support OLLI at Pacific. The best and most important thing you can do to support OLLI is to become a member, even if you aren't ready to come back to see us. We base our programming and revenue on the number of current OLLI members.

Additionally, for those who faced financial hardship due to the COVID-19 virus, we are opening up our scholarship program to returning members in addition to new ones. On a first-come, first-served basis. The scholarship pays for your membership for one academic year.

I am so grateful to all those who took this journey with us these past few months. Even though we had to remain physically apart, we were in this together and we learned together. Isn't that what OLLI is all about, learning new things together? I miss our OLLI at Pacific community so much and I can't wait to see you all in person again.

Most sincerely,

Jennifer Juanitas,
PROGRAM DIRECTOR, OLLI AT PACIFIC

A handwritten signature in black ink, appearing to read "Jennifer Juanitas", written in a cursive style.

IMPORTANT, PLEASE READ

DUE TO THE DYNAMIC NATURE OF THE COVID-19 PANDEMIC, THE DATES, TIMES AND LOCATIONS OF OUR PROGRAMMING ARE SUBJECT TO CHANGE, INCLUDING THE POTENTIAL OF TRANSITIONING IN-PERSON CLASSES TO ONLINE. WE WILL DO OUR BEST TO COMMUNICATE ANY CHANGES OR UPDATES AS QUICKLY AS POSSIBLE. THANK YOU FOR YOUR PATIENCE AND UNDERSTANDING.

Please note:

All **Health and Wellness**, **Computer Lab** classes, **Visual Art** and **Educational courses** will be offered in-person as well as distance learning on Zoom (HyFlex). A minimum of 10 registered members combined is required for each class to proceed.

CONTENTS

- 5 MEMBERSHIP BENEFITS**
- 6 LECTURES**
- 9 SHARED INTEREST GROUPS**
- 10 HEALTH AND WELLNESS**
- 11 ACTIVE AGING WEEK**
- 12 COMPUTER LAB CLASSES**
- 13 VISUAL ARTS**
- 14 EAT AND EDUCATE
SPECIAL EVENTS**
- 15 EDUCATIONAL COURSES**
- 15 TRAVEL**
- 17 CAMPUS MAP**
- 18 CLASS SCHEDULE**
- 19 MEET THE TEAM**



Membership Benefits

OLLI—the Osher Lifelong Learning Institute at University of the Pacific—is a non-profit education program designed for people ages 50+ and open to all adult learners. Each year, OLLI provides intellectually stimulating, non-credit classes; local and international trips; interest groups; and special events for its members.

Get your OLLI at Pacific membership for just \$95

(INCLUDES FALL 2020 AND SPRING 2021 SEMESTERS)

MEMBERSHIP IS FOR THE ENTIRE ACADEMIC YEAR: AUG. 1, 2020–JULY 31, 2021.

Along with all the functions, lectures and courses offered throughout the 32 weeks of learning, your 2020–21 OLLI membership entitles you to these additional benefits:

ALL lectures and FREE events

EARLY ENROLLMENT notification

ADVANCE NOTIFICATION of other Pacific events and lectures

INTERNATIONAL TRAVEL opportunities

TECHNOLOGY SAVINGS with online education pricing on Microsoft products

ELIGIBILITY TO JOIN the Baun Fitness Center (\$85 each semester) and Kjeldsen Pool (\$30 each semester)

FREE limited Pacific Library privileges (\$50 value)

FREE on-campus “B” parking (\$100 annual value)

FREE admission for two to Conservatory of Music concerts for the entire year (\$200 annual value)

Choose from:

- University Symphony Orchestra
- Pacific Jazz Ensemble
- Symphonic Wind Ensemble
- University Concert Band
- Resident Artist Series

ELIGIBILITY to serve on the OLLI Advisory Board or any of its committees

\$5 OFF Valley Brew Take 5 Jazz Sessions admission

SPECIAL in-store options at participating Miracle Mile and Lincoln Center retail shops

REDUCED CONCERT TICKET

PRICE for Friends of Chamber Music: Only \$15 for OLLI members (regularly \$25)

*For those who faced financial hardship due to the COVID-19 virus, our scholarship program is now open to returning members in addition to new ones on a first-come, first-served basis. If you are interested in applying for a scholarship, please see page 16. We do not ask for any financial information. The scholarship pays for your membership for one academic year.

OLLI Fall Preview Reception

Open to all current and prospective OLLI members
AUG. 11, 2020 | 2–4 PM

Join us for our first online webinar via Zoom to enjoy previews of fall lectures and courses presented by OLLI instructors. Details about this event, including a link to the webinar, will be sent via an email from OLLI at Pacific. If you are not currently included on our email list, please email us at OLLI@pacific.edu.

OLLI Member Orientation

Join us to learn more about OLLI
AUG. 18, 2020 | 10 AM–NOON

Learn about the benefits of being an OLLI member, distance learning and more! This orientation will be held online via Zoom. Details, including a link to the webinar, will be sent via an email from OLLI at Pacific. If you are not currently included on our email list, please email us at OLLI@pacific.edu.

Lectures

The lecture series is FREE to all OLLI members as a benefit of membership. No lectures will be held the week of Sept. 7, 2020 (Labor Day) and Nov. 23, 2020 (Thanksgiving.) Bonus lectures are on select Thursdays. All lectures are 3:30-5 p.m.

WEEKLY LECTURE SERIES:

MONDAYS LIVE on ZOOM, 3:30–5 p.m.

Registered members will receive a link to the lecture series, weekly to their email.



The Haggin Museum: A Retrospective

AUG. 24 ONLY

THIS LECTURE WILL BE HELD AT THE HAGGIN MUSEUM

Tod Ruhstaller, Executive Director

This richly illustrated lecture traces the evolution of one of Stockton's most venerable cultural and educational institutions, the Haggin Museum. Learn the history of the big brick building in the middle of beautiful Victory Park, from its earliest proponents to its opening in 1931 and through nearly 90 years of challenges and changes.

Hidden History: Women's Short and Troubled Lives

AUG. 31

Gini Grossenbacher, Award-Winning Multi-Published Indie Author, Editor, Publisher

Drawing from her recent historical novels, Grossenbacher will explore the hidden history of 19th century American women who fell from grace. The tests they endured revealed their courage and heroism in a man's world. Women's struggles for political equality and social justice played a role in the lives of madams, prostitutes and gamblers of their day.

NO LECTURE SEPT. 7

The 2020 US Elections and Our Polarization Crisis-Part I

SEPT. 14

Gene Bigler, Retired Scholar-Diplomat

"The Pandemic and the Contest" will examine the impact of the COVID-19 crisis and the state of the economy, the competitive outlook for the 2020 presidential election and the ongoing political polarization in California and the U.S. The lecture will also examine broader strategic considerations, including candidate choices, party platforms, legacy claims, candidate resources and more.

Still Gorgeous at 90

SEPT. 21

Sylvia Minnick, Author and Historian

Built in 1930 at the cost of \$240,000, Stockton's Fox California Theatre became a showcase for the ages. This spring, she will be 90 years young. Stockton's Fox was one of many other Fox California theatres built around the same time and is now one of only 26 that have survived. The theatre has been host to many different entertainers over the years. Hear her story, including how she became the Bob Hope Theatre.

San Joaquin County

SEPT. 28

Phillip Merlo, Director of Education, San Joaquin County Historical Society and Museum

Immigrants, industries and politics. Deconstruct the history of San Joaquin County through the lenses of settlement patterns and economic practices and their impacts on political cohesion in local and state institutions. We ask simple but profound questions: What unites San Joaquin County communities? How is our county divided? Why? Attend the lecture to learn more.

Medicare Part D: What You Need to Know

OCT. 5

Raj Patel, Professor of Pharmacy Practice at Pacific's Thomas J. Long School of Pharmacy

We will discuss the various aspects of the Medicare benefit with special emphasis on the prescription drug benefit (Part D). We will share key features of the Part D benefit, drug coverage under Medicare, how to minimize your out-of-pocket drug costs and discuss changes to the Part D benefit in the upcoming year.

“Hey, what’s so funny?” An Exploration of Humor

OCT. 12

Alexis Easton, Retired United Methodist Clergy

How’s your sense of humor? Since a majority of people believe they have “an above-average sense of humor,” it’s likely that some of us are not as funny as we think we are. But what is a “good sense of humor,” anyway? Does it require that we make folks laugh? What role do genetics and gender play? How does laughter heal? We’ll chuckle a bit as we explore these serious questions.

The 2020 US Elections and Our Polarization Crisis-Part II

OCT. 19

Gene Bigler, Retired Scholar-Diplomat

“Assessing the Campaign and Voter Reactions” will review how the major presidential and party campaigns are being developed nationally and in California. We’ll discuss signs of influence on political polarization, as well as the prospects for political healing. Special attention will also be given to efforts to protect electoral integrity and evidence of election interference, as well as media attention, financial resources and other potential sources of influence.

Tell a Story and Save a Life

OCT. 26

Faye Snowden, Writer, Poet and Author

Escape through books was a lifeline during author Faye Snowden’s troubled childhood. In this lecture, she will describe her journey from reader to writer, and discuss how we can’t survive without stories. The importance of fiction will be shared from the mystery genre. Snowden will show steps that participants can take to tell their own stories. Perhaps by doing so, they also can save a life.

Separating Church from State

NOV. 2

David Diskin, Instructor

Although the words “separation of church and state” never appear in the U.S. Constitution, this phrase from Thomas Jefferson has impacted our lives and freedoms ever since the U.S. Supreme Court referenced it in 1879. But what do these words mean? Why was Jefferson affirming this separation? And, how has the First Amendment’s establishment clause been used to defend the rights of the religious and non-religious at every level of our government? Lecturer David Diskin discusses the history of these words and their impact, along with recent decisions that protect religious freedom and the conflicts that arise between opposing worldviews in our courts and our lives.

Entwined Roots: Pacific and Delta

NOV. 9

Veray Wickham, Docent with the San Joaquin County Historical Society and Museum

This presentation looks at the crucial early days of College of the Pacific and Stockton Junior College's symbiotic relationship, which provided the foundation for both University of the Pacific and San Joaquin Delta College. Follow the growth of Delta and its path to today's campus on Pacific Avenue.

The 2020 US Elections and Our Polarization Crisis-Part III

NOV. 16

Gene Bigler, Retired Scholar-Diplomat

"The Outcome and Outlook for the Next Four Years" will start with an assessment of rival acceptance of the election outcome and the prospects for the presidential contenders, their parties and the public. It will also examine the impact of any political realignment on prospects for government action and polarization over the next four years.

NO LECTURE NOV. 23

Addressing Ageism and Attitudes Toward Aging

NOV. 30

Carla Strickland-Hughes, Assistant Professor of Psychology

Negative attitudes about aging held in early adulthood are associated with reduced well-being decades later. Age stereotypes might lead to worse performance due to self-limiting behaviors. This lecture will summarize the research of age attitudes and stereotypes, including the results of Dr. Strickland-Hughes' work that shows improvement in age attitudes related to intergenerational education about aging.

The Constitution

DEC. 7

Jonathan Lund, Lecturer and Instructor

Join a constitutional conversation! This presentation offers both a historical and modern review of the

U.S. Constitution. The session will raise popular constitutional issues such as freedom of speech, privacy rights, eminent domain and more. Participants will be encouraged to share where they see the lecture's subject matter playing out in our modern world.

***BONUS* DISTANCE-LEARNING LECTURES**

We are continuing to offer distance learning opportunities for those who like participating from the comfort of their home. We are offering a special online lecture series via Zoom. All members will be sent a link to their email to watch the series. All lectures will be offered on select Thursdays, 3:30–5 p.m.

The Allegory of the Wizard of Oz and 1896 Election-Three-Part Lecture

AUG. 27 PART 1 • SEPT. 10 PART 2 • SEPT. 24 PART 3

Terence McAteer, Retired Superintendent of Schools and High School AP Teacher

Frank Baum's "Wizard of Oz," published in 1898, was full of characters from the 1896 presidential election. The election was the most expensive in American history and pitted two foes—Bryan and McKinley. Don't take this class if you want to think it's a sweet children's book and movie. On the other hand, the flying monkeys, Toto, Scarecrow, Oz and more represent a variety of 19th century symbols.

How Artists are Using Art Elements and Composition-Two-Part Lecture

OCT. 8 PART 1 • OCT. 29 PART 2

Renata Bricka, MA in Fine Arts, Art History and Costume Designer

Important knowledge in art theory is needed when one wants to analyze historical and modern paintings. A variety of samples will be discussed, showing how artists use art elements, principals of art and composition—all in a colorful PowerPoint presentation.

Climate Change and Renewable Energy

NOV. 12

Rahim Khoie, Professor and Director

Thanks to our great nurses, physicians and health scientists, we will overcome the devastating disaster called the COVID-19 pandemic. Equally devastating to our way of life are the consequences of a human-made phenomenon: the global climate change. This talk provides scientific facts and data about climate change and offers solutions to what could be far more devastating than any other disaster ever seen by humankind. This interactive presentation provides ample time for questions and comments, especially from the opposing views on climate change.

A Literary Tour: the Sacramento/ San Joaquin Delta

DEC. 3

**Robert Benedetti, Research Associate,
California State University, Sacramento**

The lecture traces writings that explore the Sacramento-San Joaquin Delta as a place by Native Americans, rancheros and farmers, agricultural inventors, immigrant labor, boaters and environmentalists. Special attention will be given to Bret Harte, Mark Twain, Frank Norris, Edwin Markham, Jack London, Joan Didion, Erle Stanley Gardner, William Everson and Laura Ulewicz.

Meet like-minded OLLI at Pacific members by joining one of our Shared Interest Groups (SIGs). SIGs are independent groups of members who plan their activities each semester. No need to register, however, an OLLI at Pacific membership is required to participate. If you would like to start your own SIG, please contact us at 209.946.7658.

Writers Workshop

AUG. 31-DEC. 7 | 10 AM-NOON

PDC 330

Get in touch with your inner muse and interact with others who find inspiration by attending OLLI's self-directed, peer-led writers conclave. The group meets weekly in a supportive and encouraging environment to share stories they have written at home and to receive feedback.

Weekend Walkers

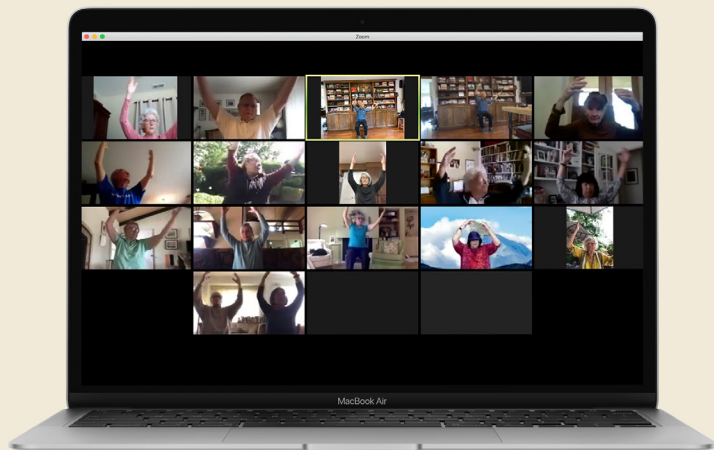
SEPT. 12-DEC. 12 | 8:30-9:30 AM

BURNS TOWER

Join us for a one-hour walk around our beautiful Stockton Campus. Enjoy the scenery, socialize and improve your health. Walking is considered the best form of exercise for the whole body and is beneficial for all age groups. Research suggests that exercising in a group is better than exercising alone. Before participating, check with your doctor to ensure there are no medical contraindications, special considerations or limitations.



Health and Wellness



Tai Chi Qigong, Meditation and Stretches: 3 Wellness Tools

\$120 (12 sessions)

AUG. 25–NOV. 17 (NO CLASS OCT. 20) | 9:30–11 AM
TIGER LOUNGE-GRACE COVELL
(SITE HAS YET TO BE CONFIRMED. SUBJECT TO CHANGE.)

Ray Tom, Certified Instructor, Rank of Gold Tiger

The class includes meditation, Qigong exercises and stretches for most of the body's muscles. The benefits of practicing Qigong are improved overall health, flexibility and improved oxygen intake. Eighty percent of the class is performed seated. There are 15 minutes of Qigong performed standing. Students say they leave the class more relaxed, energized and with an overall feeling of wellness.

Gentle Yoga, All Fitness Levels Welcome

\$125 (11 sessions)

SEPT. 2–NOV. 18 (NO CLASS OCT. 28) | 8:15–9:45 AM
SACRED SPACE ROOM, COLLIVER HALL
ADJACENT TO MORRIS CHAPEL
(SITE HAS YET TO BE CONFIRMED. SUBJECT TO CHANGE.)

Deanna Hunt, Instructor with 30 years of experience

Taught in a safe and compassionate environment that encourages you to tune in, let go and experience the wisdom of your body. We will focus on developing a functional, pain-free range of motion, stability, strength, posture, balance and flexibility. Modifications are always offered. You will learn simple postures and breathing and meditation techniques that will enliven the body and open your heart.

Compassionate, Mindfulness Meditation

\$70 (6 sessions)

SEPT. 30–NOV. 11 (NO CLASS OCT. 28) | 1:30–3:30 PM
PDC 330

April Hejka-Ekins, PhD, Certified with the Mindfulness Training Institute in San Francisco

Are you interested in enhancing your sense of inner calmness, well-being and compassion toward yourself and others? Compassionate, Mindfulness Meditation is a training method of learning to be present in our body, heart and mind. We can develop skills to reduce stress, anxiety and other challenging feelings, responding instead with increased awareness and kindness toward yourself and others. Join April as she leads discussions and teaches meditation techniques in a safe and welcoming environment, resulting in greater health and happiness. This course is intended for both beginners and returning students.

13th Annual Medicare Health Fair

FREE

OCT. 17 AND OCT. 18 | 10 AM–4 PM
THOMAS J. LONG SCHOOL OF PHARMACY

Are you paying too much for your Part D prescriptions? Want a comprehensive review of your medications to make sure they are safe to take together? Want to take advantage of over a dozen different health screenings/services including: getting your annual flu vaccine, blood pressure, bone density, cholesterol, diabetes, fall risk assessment, asthma/COPD, anemia, sleep disorders screening, depression screening, anxiety screening and more? All of these services will be available at NO COST! Please note: Appointments are required for help with your Medicare Part D Plan or a complete review of your medications. Call 209.946.7658 to make your appointment today.

Active Aging Week



Active Aging Week challenges society's diminished expectations of aging by showing that, regardless of age or health conditions, adults over 50 can live as fully as possible in all areas of life—physical, social, spiritual, emotional, intellectual, vocational and environmental. To celebrate Active Aging Week, OLLI will offer the opportunity for our community to experience health and wellness lectures designed specifically for adults 50 and over. The four classes listed to the right are FREE.

Professional Development Center (PDC),
1776 W. March Lane #330

Space is limited, please RSVP to:

Joanna Linkemyer, jlinkemyer@pacific.edu
or 209.946.7658

Brain Boosters

OCT. 5 | 10 AM-NOON

Chelsea O'Connell, Community Relations Manager

Brain games and exercises can be both fun and challenging. You will learn simple games and exercises that you can do with friends and family, or alone. This will help with memory and focus.

Keeping the Journey Independent

OCT. 6 | 10 AM-NOON

Kimberly Baumgarten, RN, FCN

This course will cover realistic actions to stay independent through the aging process. Physical care and how to manage the ever-changing medical care system as well as emotional and spiritual health practices, options through acute or chronic needs, self-advocacy and how to let others know your plans, and the reasons behind them, will be covered. Owning your best, most independent life is the goal.

Diabetes Essentials

OCT. 8 | 1-3 PM

Jessica Twitty, Director of Diabetes Management Certificate Program

Did you know 1 in 3 Americans have prediabetes and don't know it? Do you know all four types of diabetes? What does a healthy lifestyle look like in daily life? What should one eat? We'll find answers by exploring signs and symptoms to look out for, advocating for our health goals with physicians, being prepared for medical emergencies and improving our relationship with food and our bodies.

Exercise for Brain and Body Fitness

OCT. 9 | 10 AM-NOON

Preeti Oza, Associate Professor

Neurogenesis, i.e. building new brain cells, is possible at any age. Research shows that the proper kind of brain and body exercises have a profound effect on the way we age. Physical exercise is not only important for our body's health, but it also helps our brain stay sharp. The physical therapy faculty will present the latest research along with exercises for brain and body fitness.

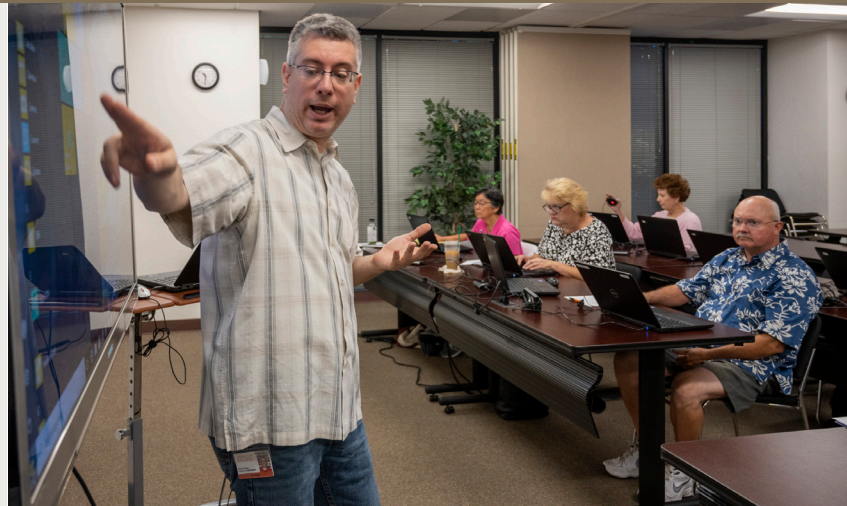
Computer Lab Classes

\$25 fee (per class)

REGISTRATION REQUIRED

16 STUDENTS MAXIMUM PER CLASS

Each course is taught by certified Microsoft Office “Master” David Diskin, MCP. Our laptop lab features large displays and full-size keyboards and mice. Classes are held in the Professional Development Center (PDC), Room 330, at 1776 W. March Lane.



Online Safety, Security and Privacy

\$25

SEPT. 8 | 10 AM–NOON

Scared to go online because of hackers and viruses? Don't be. This engaging lecture about online safety will help you stay safe with up-to-date advice on avoiding viruses, spyware, junk mail and getting tricked by the enemy. Learn how to be smart about your password and keep your Windows PC safe.

Android OS: Essentials

\$25

SEPT. 8 | 1:30–3:30 PM

Developed by Google, Android is the most popular operating system running on mobile devices such as tablets and phones. This class covers basic functionality that every mobile user should know, including browsing and downloading apps, basic configuration settings, personalization, security, accessibility options and more.

Learn Your Laptop and Windows 10

\$25

SEPT. 22 | 10 AM–NOON

What's this button do? Where do I plug that in? We'll use your laptop in this class so that you can learn what it's capable of and what all those buttons and ports are for. We'll spend a good amount of time covering your laptop hardware, talking about external displays, battery performance, Wi-Fi and more.

Computer Maintenance and Upgrades

\$25

SEPT. 22 | 1:30–3:30 PM

Computer running a little sluggish? Thinking about a few upgrades? What are your options? In this class, David Diskin will present a variety of ways that anyone can “tune up” their Windows 10 computer using built-in features that are easy and safe. David will also talk about upgrade options available for many computers, such as replacement RAM and local storage.

Windows 10: Digital Photos

\$25

SEPT. 29 | 10 AM–NOON

Working with your photos in Windows 10 is a breeze with the built-in Photos app. We'll learn how to copy photos from your digital devices (and the cloud) onto your computers and make them look great with filters, cropping, red-eye removal, spot fixes and more. We'll also use your photos to create digital photo albums, videos with music and prints.

Zoom: Essentials

\$25

SEPT. 29 | 1:30–3:30 PM

This all-new class will explore Zoom videoconferencing with friends and colleagues. We'll create a free Zoom account and try it out together using audio, video and screen sharing.

Visual Arts

Each course is taught by Deanna Hunt, MFA, Adjunct Professor in the Department of Art and Design. All classes are located in the Jeanette Powell Art Center on Pacific's Stockton Campus.

All Fall OLLI art courses include a special field trip to the Haggin Museum. Led by Deanna, this is a unique opportunity to learn and draw from the collection in community with OLLI artists.

More details to be announced in class.

OCT. 23 | 1:30–4 PM

Learn to Paint with Watercolor

\$175 (6 sessions)

SEPT. 1 | 1–3:30 PM

SEPT. 4 | 9:30 AM–NOON AND 1:30–4 PM

SEPT. 8 | 1–3:30 PM

SEPT. 11 | 9:30 AM–NOON AND 1:30–4 PM

In this fun, hands-on workshop, you will discover the simplicity of watercolor painting. Deanna will take you step-by-step through basic watercolor techniques and materials, including palette setup, brushes and usage, washes, value, layering, how to avoid muddy colors and depicting things realistically. You will be provided a complete kit with a palette, paint, brushes and paper (\$70 value).

Watermedia Exploration — Continuing and Advanced

\$175 (9 sessions)

SEPT. 18–NOV. 20 (NO CLASS OCT. 2) | 9:15–11:45 AM

This enriching course is designed to enhance, improve and increase the participants' painting practice and to inspire creativity. Learn how to effectively utilize the principles of design to create dynamic, powerful images that surpass your expectations. Instruction, demonstrations and projects will teach you techniques of transparent and opaque watercolor and a variety of water media.

Adventures in Watercolor and Beyond — All Levels

\$175 (9 sessions)

SEPT. 18–NOV. 20 (NO CLASS OCT. 2) | 1:30–4 PM

Through this course, you will gain greater knowledge, facility and confidence in the principles of transparent watercolor and the elements of design—the foundations for all other color media and the pathway for realizing beautiful artworks. By exploring the characteristics of a variety of pigments, paper and tools, you will learn how to command and navigate the media with more freedom.

The Joy of Drawing

\$175 (9 sessions)

SEPT. 22–NOV. 17 (NO CLASS OCT. 20) | 1–3:30 PM

Enjoy the world of drawing and gain the skills to achieve your objectives. Instruction, demonstrations and projects will teach you shorthand methods for achieving accurate proportion, placement, perspective and value for even the most complex of subjects. We will utilize a variety of techniques with a range of media. This class is appropriate for all levels.



Eat and Educate Special Events



Death over Dinner

\$15 (includes lunch)

NOV. 9, 10, 11 AND 12 | 11:30 AM-1 PM

DEROSA UNIVERSITY CENTER, THE RIVER ROOM
(SITE HAS YET TO BE CONFIRMED. SUBJECT TO CHANGE.)

Dr. Carla Strickland-Hughes and the students in the Psychology of Aging course cordially invite you to join them for a Death over Dinner event. Death over Dinner has been rapidly inspiring a growing community of people to talk about an often-not discussed topic: death and dying. Please join our lunch and take part in this conversation. The lunch isn't meant to be a morbid conversation, but a very human one, where we consider what we want, both in life and during its close. Participants will be invited to complete optional surveys before and after the event, so that we can learn about the benefits of this experiential learning activity. Survey participants will be entered in a raffle for a gift card. Must register no later than Oct. 2. Don't wait to register because there are limited spots available for the four different lunch days.

International Students Holiday Luncheon

NOV. 13 | 11:30 AM-1 PM

ELBERT COVELL DINING HALL

Join us for our second annual holiday luncheon designed to give our international students a taste of our American cuisine and holiday traditions. Share your favorite holiday dish with our Pacific international students for a potluck meal and cultural exchange. Will you bring your special green bean casserole? Or maybe your great-great grandmother's traditional turkey dressing recipe?

To RSVP, please contact by Nov. 8:

Jennifer Juanitas, jjuanitas@pacific.edu

or Joanna Linkemyer, jlinkemyer@pacific.edu

or 209.946.7658

Brunch and Learn: Estate Planning

FREE: RESERVATION REQUIRED

NOV. 19 | 10 AM-NOON

VERESCHAGIN ALUMNI HOUSE

(SITE HAS YET TO BE CONFIRMED. SUBJECT TO CHANGE.)

Mark Drobny, Attorney and Owner of Drobny Law Offices, Inc.

Basic estate planning should include an advanced health care directive, a durable power of attorney for financial management and a simple will. Join us for an informative conversation with Mark Drobny and learn more about these topics. All attendees will receive complimentary lunch and a helpful "takeaway" packet of free information on all topics discussed.

For reservations, please contact Joanna Linkemyer, jlinkemyer@pacific.edu or 209.946.7658



Great Decisions: Foreign Policy Discussions

\$135 (9 sessions) Includes Workbook

SEPT. 10–NOV. 5 | 10 AM–NOON

PDC 330

Gene Bigler, Retired Scholar-Diplomat

This program is designed to encourage and promote thoughtful discourse and to bring people together to learn from others about important current global issues. Background readings and video presentations are used to structure weekly discussions on topics, including U.S. foreign policy; global climate change, India and Pakistan, conflict in the Red Sea region, human trafficking, Central America's Northern Triangle and U.S. immigration, China in Latin America, the Philippines, and artificial intelligence.

Intermediate Birding

\$70 (6 sessions)

SEPT. 16–OCT. 21 | 9–10:30 AM

PDC 290A

David Yee, Avian Expert and Author

This class will cover many areas that will help you appreciate and enjoy your fine-feathered friends. If you have taken birding classes or have simply participated in a bird-watching event in the past, please join us to increase your knowledge of bird observation. Learn about topics such as identification, migration-timing and habitat usage.

Stockton's Chinatown Lost

\$30 (2 sessions)

SEPT. 27, OCT. 3 | 11 AM–12:30 PM

PDC 330

Janwyn Loy Funamura, Local Historian.

Arriving in Stockton during the Gold Rush, the Chinese established settlements that grew to be a robust, colorful part of the Stockton scene. Learn about the rise, decline and ultimate demise of Stockton's Chinatown and how today's Chinese community has not forgotten its heritage. Bonus! Enrollees may elect to stay from 12:30–1:00 PM on Sept. 30 for an authentic Cantonese Won Ton cooking demonstration (no additional cost).

FREE Information Session! Spectacular South Africa and America's Cowboy Country

SEPT. 21 | 1:30 PM

PDC 330

Come and hear from Collette Travel Expert Jay Fehan as he shares insider information on these two amazing trips! Both trips include airfare and shuttle to and from the airport.



Spectacular South Africa

APR. 22–MAY 4, 2021 | 14 DAYS • 24 MEALS

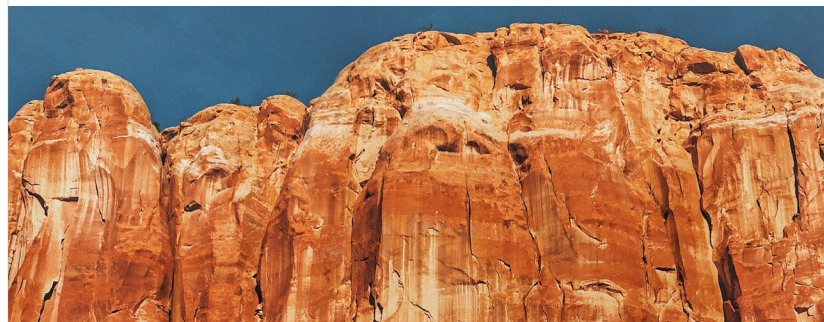
HIGHLIGHTS:

Johannesburg, Soweto, Panorama Route, Kruger National Park, safari game drives, Garden Route, Knysna, Featherbed Nature Reserve, Stellenbosch, Cape Town, Table Mountain

BOOK NOW AND SAVE \$300 PER PERSON*

DOUBLE \$4,999*
SINGLE \$5,549*

*must book before 10/23/2020



America's Cowboy Country

MAY 23–MAY 30, 2021 | 8 DAYS • 10 MEALS

HIGHLIGHTS:

Grand Teton National Park, Yellowstone National Park, choice of tour between Buffalo Bill Center of the West and Heart Mountain Interpretive Center, Deadwood, Crazy Horse Memorial, Mt. Rushmore, Badlands National Park

BOOK NOW AND SAVE \$150 PER PERSON*

DOUBLE \$2,999*
SINGLE \$3,799*
TRIPLE \$2,949*

*must book before 11/16/2020



SCHOLARSHIPS ARE AVAILABLE!

This semester, we are offering scholarships to returning and new members. We are especially encouraging those who may have faced financial hardship due to the COVID-19 pandemic. This scholarship is available on a first-come, first-served basis and covers your membership fee. It does not include any other fees or costs. Scholarship applicants will not be asked for any financial information.

☒ Check box on your registration form to apply.

PLEASE CONTACT OUR OFFICE AT 209.946.7658 TO FIND OUT MORE.

OLLI IS LOOKING FOR VOLUNTEERS!

If you want to get involved with Pacific, becoming an OLLI volunteer is a wonderful way to make this happen. OLLI is an organization that depends on the involvement of its members to function and grow. We are looking for individuals who would like to lend their skills to the day-to-day administration of classes. We are specifically looking for members who would be a classroom “host.”

Duties include:

Assisting instructors by preparing their classrooms, taking attendance, assembling course materials, assisting with technology, greeting students, answering questions or concerns, arriving 15–20 minutes early and serving as a liaison for members. The classroom host would receive a discount of class/course fee. One host per class/course is needed. (Does not include Lectures, EdVentures or travel.)

If you are interested, please complete the form on our website OLLI.Pacific.edu.

NEW REFERRAL PROGRAM:

Please share the wonder of OLLI with friends and family. For the fall 2020 session, OLLI is rewarding current members for referring new members. Earn a \$15 voucher/code for referring a new member. You can use the \$15 voucher/code toward one class, course or EdVenture (does not include travel and cannot be applied toward membership fee). Referrals are unlimited and must be used within the academic year that they are received (2020–21.)

- The new member must be completely new to our program, rather than a lapsed member.
- The referring member must complete the referral form on our website OLLI.Pacific.edu.
- The new member must enroll and pay for membership.
- The new member must put the name of the referring member on the registration form.



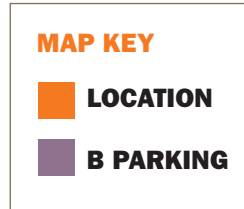
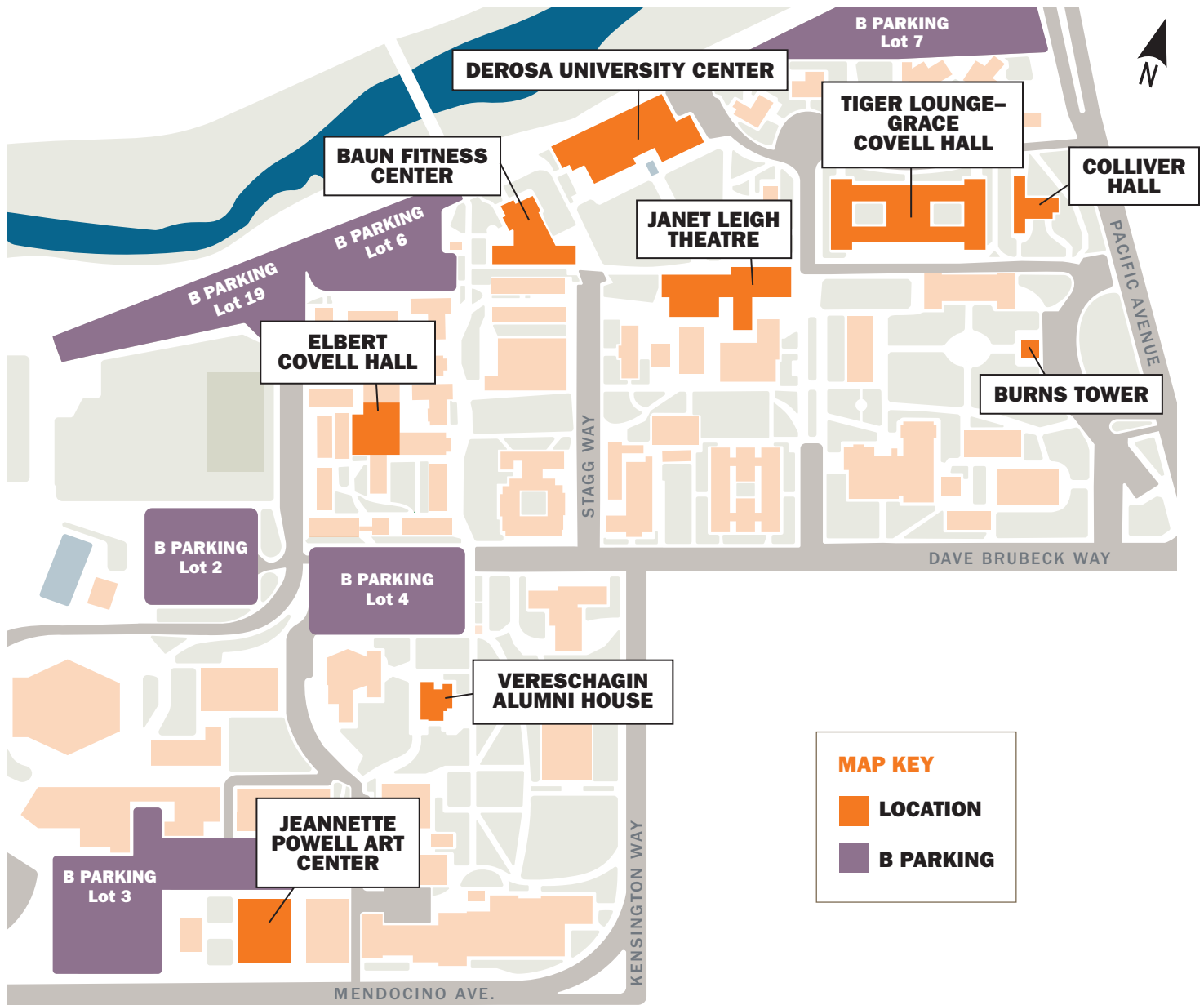
CONNECT WITH US ON FACEBOOK

To keep up-to-date on OLLI.

Search for us by using
@OLLIatUOPacific



Campus Map



Location Key

Chan Family Health Center
757 Brookside Road, Stockton

Cheese Central
11 N. School St., Lodi

First United Methodist Church
200 W. Oak St., Lodi

Haggin Museum
1201 N. Persing Ave., Stockton

O'Connor Woods
3400 Wagner Heights Road, Stockton

Professional Development Center (PDC)
1776 W. March Lane, Stockton

- Classrooms PDC 290A, 290B, 290C, 330

University of the Pacific
3601 Pacific Ave., Stockton

- Baun Fitness Center
- Burns Tower
- Colliver Hall, Sacred Space Room (adjacent to Morris Chapel)

- DeRosa University Center (DUC)
- Elbert Covell Hall
- Janet Leigh Theatre, McCaffrey Center
- Jeannette Powell Art Center
- Tiger Lounge–Grace Covell Hall
- Vereschagin Alumni House

Fall 2020 Class Schedule

LIVE lectures are on Mondays. Bonus lectures are on select Thursdays. All lectures are 3:30-5 PM.

	CLASS TITLE	# OF CLASSES	START DATE	END DATE	TIME	INSTRUCTOR
MONDAY	Writers Workshop	16	Aug. 31	Dec. 7	10 AM–Noon	OLLI Members
	Information Session: America's Cowboy Country and Spectacular South Africa	1	Sept. 21		1:30 PM	Jay Fehan
	Brain Boosters	1	Oct. 5		10 AM–Noon	Chelsea O'Connell
	Death over Dinner	1	Nov. 9		11:30 AM–1 PM	Carla Strickland-Hughes
TUESDAY	Tai Chi Qigong, Meditation and Stretches: 3 Wellness Tools	12	Aug. 25	Nov. 17	9:30–11 AM	Ray Tom
	Learn to Paint with Watercolor	2	Sept. 1	Sept. 8	1–3:30 PM	Deanna Hunt
	Online Safety, Security, and Privacy	1	Sept. 8		10 AM–Noon	David Diskin
	Android OS: Essentials	1	Sept. 8		1:30–3:30 PM	David Diskin
	The Joy of Drawing	9	Sept. 22	Nov. 17	1–3:30 PM	Deanna Hunt
	Learn Your Laptop and Windows 10	1	Sept. 22		10 AM–Noon	David Diskin
	Computer Maintenance and Upgrades	1	Sept. 22		1:30–3:30 PM	David Diskin
	Windows 10: Digital Photos	1	Sept. 29		10 AM–Noon	David Diskin
	Zoom: Essentials	1	Sept. 29		1:30–3:30 PM	David Diskin
	Keeping the Journey Independent	1	Oct. 6		10 AM–Noon	Kim Baumgartner
	Death over Dinner	1	Nov. 10		11:30 AM–1 PM	Carla Strickland-Hughes
WEDNESDAY	Gentle Yoga	11	Sept. 2	Nov. 18	8:15–9:45 AM	Deanna Hunt
	Intermediate Birding	6	Sept. 16	Oct. 21	9–10:30 AM	David Yee
	Stockton's Chinatown Lost	2	Sept. 23	Sept. 30	11 AM–12:30 PM	Janwyn Loy Funamura
	Compassionate, Mindfulness Meditation	6	Sept. 30	Nov. 11	1:30–3:30 PM	April Hejka-Ekins
	Death over Dinner	1	Nov. 11		11:30 AM–1 PM	Carla Strickland-Hughes

	CLASS TITLE	# OF CLASSES	START DATE	END DATE	TIME	INSTRUCTOR
THURSDAY	Great Decisions: Foreign Policy Discussions	9	Sept. 10	Nov. 5	10 AM–Noon	Gene Bigler
	Brunch and Learn: Estate Planning	1	Nov. 19		10 AM–Noon	Mark Drobny
	Diabetes Essentials	1	Oct. 8		1–3 PM	Jessica Twitty
	Death over Dinner	1	Nov. 12		11:30 AM–1 PM	Carla Strickland-Hughes
FRIDAY	Learn to Paint Watercolor	4	Sept. 4	Sept. 11	9:30 AM–Noon, 1:30–4 PM	Deanna Hunt
	Watermedia Exploration – Continuing and Advanced	9	Sept. 18	Nov. 20	9:15–11:45 AM	Deanna Hunt
	Adventures in Watercolor and Beyond – All Levels	9	Sept. 18	Nov. 20	1:30–4 PM	Deanna Hunt
	Exercise for Brain and Body Fitness	1	Oct. 9		10 AM–Noon	Preeti Oza
	International Students Holiday Luncheon	1	Nov. 13		11:30 AM–1 PM	OLLI Members
SAT	Weekend Walkers	14	Sept. 12	Dec. 12	8:30–9:30 AM	OLLI Members
	Medicare Health Fair	1	Oct. 17		10 AM–4 PM	Raj Patel
SUN	Medicare Health Fair	1	Oct. 18		10AM–4 PM	Raj Patel

Meet the Team



Jennifer Juanitas
Program Director
jjuanitas@pacific.edu



Joanna Linkemyer
Administrative Assistant
jlinkemyer@pacific.edu

More Information

Please contact our office to find out more:

209.946.7658 | OLLI.Pacific.edu

1776 W. March Lane Suite #332,
Stockton, CA 95207

Hours: Monday-Thursday, 9 AM–1 PM

Remember, you can REGISTER ONLINE!

JoinOLLI.Pacific.edu

CURIOSITY NEVER RETIRES



Your financial support is needed now more than ever before. Financial gifts to OLLI are utilized to ensure that we are sustainable well into the future. Please consider helping your OLLI at Pacific community for **THE LOVE OF LEARNING!**

3 WAYS TO DONATE TO OLLI:



ONLINE

go.pacific.edu/supportOLLI



PHONE

209.946.7658



MAIL

Add a gift to your registration form

BECOME A ZOOMER-BOOMER!

Once your registration for a class as a distance learner is processed, you will receive a link for OLLI at Pacific classes via email and again in a reminder email prior to class. Links for lectures also will be sent via email to all registered OLLI members.

A Zoom account is not required to attend a class or lecture. Anyone can attend using their laptop or desktop (Windows/Mac), tablet or smartphone (iPhone or Android).

For more information about using Zoom, including video tutorials, visit Zoom.us. You can also register for our computer lab class, Zoom: Essentials (see page 12 for more information). Plus, you can join us every Monday at 9 a.m. on Zoom for Coffee Talk with Joanna and Jennifer, your OLLI team. You can ask questions about how to use Zoom or anything about OLLI in general.

LOOKING FOR EdVENTURES?

Due to current county and state mandates, EdVentures will be offered via email when/if they are permitted. If you are not receiving emails from OLLI at Pacific, please contact us to confirm we have your current and correct email in our database.

MEMBERSHIP AND CLASS REGISTRATION FORMHas your email, phone number or mailing address changed in the past year? ☐ Yes ☐ No**MEMBER #1**

Pacific ID # _____

First Name _____

Last Name _____

Birthdate _____

Preferred Phone _____

Email _____

Address _____

City _____

State _____ ZIP code _____

MEMBER #2

Pacific ID # _____

First Name _____

Last Name _____

Birthdate _____

Preferred Phone _____

Email _____

MEMBERSHIP FEE, PLEASE CHOOSE ONE OF THE FOLLOWING:☐ I am a brand new member (new member ID will be sent).....\$95☐ I am a returning member but have not paid the 2020–21 membership fee.....\$95☐ I would like to request a scholarship to cover the membership fee.
(This is on a first-come, first-served basis. No financial information will be requested. Available for new or returning members. Once we receive this form, we will contact you to verify that scholarship funds are available.)☐ I misplaced my member ID and need a new one \$10

Membership valid through 7/31/2021

For HyFlex courses please indicate your preference: In-person or ZOOM

MEMBER #1**COURSE/CLASS/EDVENTURE****IN-PERSON
OR ZOOM****FEE****TOTAL \$ _____****MEMBER #2****COURSE/CLASS/EDVENTURE****IN-PERSON
OR ZOOM****FEE****TOTAL \$ _____**

DONATE TO THE OLLI ANNUAL FUND

I would like to donate the following amount to the OLLI Annual Fund \$ _____

GRAND TOTAL

Including membership, course fees and/or personal gift \$ _____

CREDIT CARD INFORMATION (OLLI at Pacific only accepts payment by credit card or personal check.)

☐ Visa ☐ MasterCard ☐ AmEx ☐ Discover

Name on card _____

Credit card # _____ Exp. _____

COMPLETE FORM AND SEND WITH PAYMENT TO:

OLLI at University of the Pacific
3601 Pacific Ave.
Stockton, CA 95211

REGISTER BY TELEPHONE:

209.946.7658

REGISTER ONLINE:

JoinOLLI.Pacific.edu

YOU CAN HELP US GROW: OLLI at Pacific is enriched by members' contributions of time and talent. Our Advisory Board is looking to grow its committees. Please circle where you would like to volunteer:

Curriculum Membership Volunteer Marketing Fundraising

How did you hear about us? Please circle one:

OLLI Catalog Website Social Media Friend Event Ad Referred By _____

FOR OFFICE USE ONLY:

Date entered: _____

☐ Constant contact

Date: _____ Verified By: _____

MEMBERSHIP CONTACT:

New or returning past member

☐ Sent registration/course
confirmation, welcome letter
and parking permit

Date: _____ Verified By: _____

☐ Ordered member ID card

Date: _____ Verified By: _____

☐ Mailed member ID card
with info letter

Date: _____ Verified By: _____

GIFTS:

☐ Gift OLLI membership to: _____

“

I am very happy with the success of the OLLI team in their ability to transition to online formats due to the COVID-19 pandemic.”

Joseph Osborne-Schoenleber

OLLI AT PACIFIC ADVISORY BOARD CHAIRPERSON





UNIVERSITY OF THE
PACIFIC

3601 Pacific Avenue
Stockton, CA 95211

