

BENERD COLLEGE DIABETES ESSENTIALS FOR CLINICIANS: PHARMACOTHERAPY CURRICULUM

TOPIC	LECTURE	
	TIME	SPEAKER
Intro	3:36	Theresa Garnero, APRN, BC-ADM, MSN, CDCES
Background & Basics		
Pathogenesis of Type 2 Diabetes: The Ominous Octet (part 1)	25:48	Ralph A. DeFronzo, MD
Pathogenesis of Type 2 Diabetes: The Ominous Octet (part 2)	24:28	Ralph A. DeFronzo, MD
Medication Persistence: Assessing For and Removing Obstacles	26:17	Katherine O'Neal, PharmD, MBA, BCACP, BC-ADM, AE-C, CLS, FADCES
Low Cost Options When The Medication You Want Is Not On Formulary	28:53	Martha Ndung'u, PharmD
The Most In Need Are Least Likely To Get Newer Type 2 Diabetes Medications: The Impact of Racial and Socioeconomic Disparities	28:26	Martha Ndung'u, PharmD
Cultural Considerations In Pharmacotherapy	29:08	Martha Ndung'u, PharmD
Pharmacotherapy for Glucose Management		
Part 1: Common Oral & Non-Insulin Injectable Glucose Lowering Medications		
The Basics Of Common Oral Glucose Lowering Medications	29:05	Martha Ndung'u, PharmD
Diabetes Prevention- New Insights Using SGLT2 Inhibitors from DAPA-HF	29:06	Silvio E. Inzucchi, MD
Oral Diabetes Medications & Heart Health	35:14	Samuel Dagogo-Jack, MD, DSc, MBA
Oral Diabetes Medications & Kidney Health	37:07	Samuel Dagogo-Jack, MD, DSc, MBA
All About The Non-Insulin Classification: Glucagon Like Peptide-1 Receptor Agonists (GLP-1 RAs)	27:41	Vista Khosraviani, PharmD, APh
What's More Effective: SGLT2 Inhibitors vs. GLP-1 Agonists?	27:43	Insiya Poonawalla, PhD
The Role of SGLT-2 Inhibitors In People With Type 1 Diabetes	34:57	Chantal Mathieu, MD, PhD
Part 2: Insulin		
Outpatient Management		
Insulin: Understanding the Basics Given a Multitude of Options	24:03	Sarah Kim, MD
Optimizing Basal Insulin in Type 2 Diabetes	19:53	Sarah Kim, MD
Titration Prandial and Correctional Insulin Algorithms	40:28	Sarah Kim, MD
Optimizing Mealtime Insulin Dosing for Patients on Multiple Daily Injections	24:42	Beverly Thomassian, RN, MPH, CDCES, BC-ADM
Insulin Titration Options for a Low Health Literacy Individual	31:10	Amy Hess Fischl, MS, RDN, LDN, BC-ADM, CDCES
Clinical Application Of Afrezza (Inhaled Human Insulin) In Type 1 and Type 2 Diabetes - Addressing an Unmet Need	23:33	Martha Ndung'u, PharmD
Management Options For Steroid-Induced Hyperglycemia	30:43	Steven V. Edelman, MD
	30:03	Felicia A. Mendelsohn Curanaj, MD

Inpatient Management

Managing Patients With Diabetes in the Hospital Setting	23:21	Guillermo Umpierrez, MD, CDE, MACP, FACE
Diabetes Transitions in the Hospital—Strategies To Consider When the Formulary Does Not Match Your Patient’s Home Insulin	30:14	Irl B. Hirsch, MD
Management of Diabetes at Hospital Discharge	12:24	Guillermo Umpierrez, MD, CDE, MACP, FACE

Part 3: Glucose-Elevating Drugs (Hypoglycemia Rescue)

Glucagon Therapy- A Comparison of Current and Novel Treatments	34:08	Justin J. Sherman, PharmD, MCS
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Pharmacotherapy for ASCVD

Introduction on ASCVD Agents	12:51	Martha Ndung’u, PharmD
ASCVD and Diabetes: To Use Or Not Use Aspirin	9:46	Martha Ndung’u, PharmD

Pharmacotherapy for Dyslipidemia

Lowering LDL With Statins, Ezetimibe, Fibrates, Niacin and PCSK9 Inhibitors: How Do You Choose? (part 1 - 26 mins)	25:55	Christopher Cannon, MD
Lowering LDL With Statins, Ezetimibe, Fibrates, Niacin and PCSK9 Inhibitors: How Do You Choose? (part 2 - 28 mins)	27:41	Christopher Cannon, MD
Reducing Hypertriglyceridemia With Prescription Vs. OTC Fish Oil	35:03	Sergio Fazio, MD, PhD

Pharmacotherapy for Hypertension

What Are the HTN Guidelines to Follow?	27:36	Martha Ndung’u, PharmD
What You Should Know About The Basic Antihypertensive Classes (part 1)	18:43	Martha Ndung’u, PharmD
What You Should Know About The Basic Antihypertensive Classes (part 2)	25:27	Martha Ndung’u, PharmD

Pharmacotherapy for Chronic Kidney Disease

Treatment Therapies for CKD in Diabetes	30:20	Katherine R. Tuttle, MD, FACP, FASN, FNKF
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Pharmacotherapy for Obesity

Diabesity & Anti-Obesity Pharmacotherapy	40:56	Joy Pape, MSN, RN, FNP-C, CDCES, FADCES
Adding Naltrexone/Bupropion To Incretin Agents In Patients With Obesity And Type 2: Is It Safe And Effective?	11:48	Sean Wharton, MD, PharmD, FRCP(C)

Pharmacotherapy for NAFLD

Tailoring Treatment for People with Type 2 and Nonalcoholic Fatty Liver Disease (NAFLD)	31:36	Kenneth Cusi, MD, FACP, FACE
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Pharmacotherapy for Sexual Dysfunction

Female Sexual Dysfunction: Pharmacological Interventions	29:03	Alice YY Cheng, MD, FRCPC
Sexual Health in Men with Diabetes	28:37	Adam Millar, MD, MScCH, FRCPC

Dietary Supplements

Get Supplement Savvy (Part 1)	22:02	Stefania Manetti, RD/N, CDCES
Get Supplement Savvy (Part 2)	19	Stefania Manetti, RD/N, CDCES

Plus quizzes and assignments = 20-hour course